



KRISTEN GROTTTE, AIA, LEED AP BD+C

Behavioral Health Consultant | Architect

Kristen Grotte is a licensed architect and designer with over six years of specialized experience in the healthcare industry. Her work encompasses a range of projects, from research studies examining how the built environment affects health and well-being to the design and execution of major healthcare facilities within the Texas Medical Center and beyond. Driven by a deep-seated commitment to social responsibility, Kristen approaches each project with a holistic perspective – recognizing that architecture has the power to shape not only physical landscapes but also emotional and psychological experiences.

Outside her professional work, Kristen serves as mentor committee chair for the ACE Mentor Program of Houston, which reflects her dedication to community service and fostering the next generation of design professionals.

EDUCATION

Master of Architecture
Tulane University, 2018

Bachelor of Science in
Human and Organizational
Development - Community
Development
Vanderbilt University, 2015

REGISTRATION

Registered Architect,
TX #29947

AIA #39262933

GBCI #0011309677 (LEED AP
BD+C)

MEMBERSHIP

American Institute of
Architects

ACE Mentoring

U.S. Green Building Council

Women in Architecture

EXPERIENCE

Children's Behavioral Health and Wellness Center | Omaha, Nebraska | Behavioral Health Consultant | Under Construction - Q1 2026 | \$110 million

In partnership with HDR and Kiewit, hX collaborated with the owner and design team to enhance the therapeutic environment of a new 107,000 SF pediatric and adolescent mental health facility. During construction, hX was engaged by the owner to provide recommendations on the design of courtyards, sensory spaces, furniture selections, and experiential graphics, as well as to consult on operational best practices.

FSU Counseling & Personal Development Center | Fayetteville, North Carolina | Behavioral Health Consultant | Estimated Completion - Q4 2025 | \$1.3 million

In partnership with Archibene, hX led the owner's team in the programming and concept design for this 8,000 SF renovation project, transforming a multi-disciplinary campus health building into a student counseling, personal development, and disabilities services center. The team developed a space program aimed at de-stigmatizing mental health treatment through community engagement and 'third-place' social environments.

UTHealth Houston - John S. Dunn Behavioral Sciences Center | Houston, TX | Behavioral Health Consultant | 2022 | \$98M

In partnership with Perkins&Will, this 240,000 SF project includes a 264-bed Academic Medical Center Psychiatric Hospital with dedicated spaces for staff and student education and research and an off-unit therapy mall and dining facilities.

Rio Grande Center | Behavioral Health Consultant | Harlingen, TX | 2026 | \$120M

This project featured 50 maximum security forensic beds aiming to create a secure environment conducive to rehabilitation and safety, reflecting the center's dedication to advancing mental health care standards.

"Working with the hX team was great. Their knowledge of behavioral health and the environments needed to support its positive development not only advanced our project in a positive direction, it also gave our client peace of mind."

Kenneth Luker
Owner, Archibene





KRISTEN GROTTTE, AIA, LEED AP BD+C

Behavioral Health Consultant | Architect (cont'd)

WHY KRISTEN?

Central to Kristen's design ethos is her firm belief in the power of collaboration. She understands that the most meaningful and long-lasting design solutions are born out of diverse perspectives and collective expertise. By fostering open communication and collaboration among clients, stakeholders, and fellow design professionals, Kristen ensures that each project is imbued with creativity, empathy, and a deep understanding of user needs. With a keen eye for detail and a commitment to evidence-based practices, Kristen ensures that every aspect of her work creates environments that promote healing, comfort, and overall well-being.

Lubbock State Hospital | Lubbock, TX | Behavioral Health Consultant | 2026 | \$121M

This project showcases 50 maximum security forensic beds designed to foster a secure environment conducive to rehabilitation and safety, underscoring the center's commitment to advancing standards in mental healthcare.

The University of Texas MD Anderson Cancer Center - Clinical Services Building* | Houston, TX | Architect | 2028 | \$1.2B

Located in the heart of the Texas Medical Center, the Clinical Services Building is the first phase of expanding inpatient services at The University of Texas MD Anderson Cancer Center. This 758,600 SF facility will support the main campus with essential clinical departments and infrastructure, including supply chain and facilities management, clinical labs, pharmacy operations, surgical innovation and simulation labs, nursing and physician training facilities, a conferencing center, and a transitional work environment.

Confidential Client, Prototype Cancer Outpatient Clinic* | Houston, TX | Designer | 2020

The project involved the development of a prototype and test fits for five cancer outpatient clinics across the Houston market, focusing on scalability and patient experience.

Louisiana State University Health Science Center, Center for Medical Education & Wellness* | Shreveport, Louisiana | Designer | 2023 | \$80M

Constructed to advance medical education in North Louisiana, the 155,000 SF facility provides a pathway for delivering modern medical education and connects students to inspire active learning and collaboration. The building's program includes research labs such as an Emerging Viral Threats (EVT) lab, a classroom-in-the-round, other instructional spaces, clinical skills and simulation suites, as well as a fitness center and student dining.

The University of Texas MD Anderson Cancer Center, Mays Clinic - Escalator Study* | Houston, Texas | Designer | 2019

This research project investigated the increase in adverse patient events related to escalator usage within an outpatient clinic and proposed both design and operational solutions to create a safer, healthier, and more comfortable care environment for patients, visitors, and staff.

*experience prior to joining hX

"Sarah, Kristen, and the entire hX team are fantastic collaborators and communicators, helping propel our planning efforts forward with solid knowledge and strong leadership."

Kenneth Luker
Owner, Archibene

